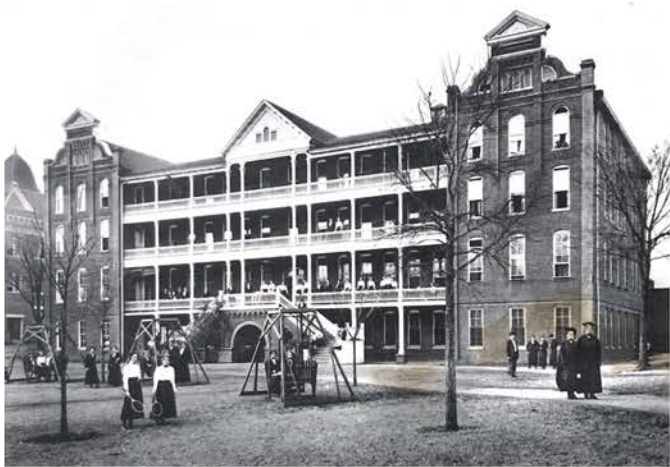


The Evolution of GC’S Names

1922 - Georgia State College for Women



1961 - Women’s College of Georgia



1967 - Georgia College at Milledgeville 1967 when 185 men enrolled with the 1,216 women



1971 - Georgia College



1996 - Georgia College & State University “Georgia’s Public Liberal Arts University”

HUB

Continued from page 1

Within the Cultural Center, students may join student organizations such as the Black Student Alliance, Latino Student Association and the Pride Alliance. These organizations act as their diverse and multicultural resources, participate in programs such as STAR Ally, a safe-space training initiative and S.O.A.R., a mentoring program for incoming college students. The Women’s Center prides itself on creating a dynamic campus community that challenges gender-based oppression through education, support, and

community-building. Specific goals include promoting safe sex and relationships, collaborating inside and outside of GC for social change and providing support for campus members via leadership development and personal empowerment. The Clothesline Project, Talk Sex, and The Vagina Monologues are events hosted by the Women’s Center, with Project BRAVE as their leading program to educate GC on how to prevent interpersonal violence. The Women’s Center is also a place students can go if they want to find resources for sexual assault survivors, or meet with other students interested in women’s issues. In spring 2019, three students at the Women’s Center created their own podcast called Lady Bits to discuss issues and perspectives surrounding women’s health with episodes discussing hookup culture, periods and self-image trends among women. The initiatives set forth by The HUB and its centers are important because many of the students who have taken advantage of its resources have gone on to establish life-long relationships, discover new passions and even springboarded into careers concerning diversity, inclusivity and gender equality. The Georgia College and Milledgeville communities also benefit from the activism found at The HUB because it brings awareness to the various backgrounds and experiences found throughout multiple societies and cultures, making it a priceless resource and a Bobcat’s inclusive haven.



Amy Lynn McDonald | Editor in Chief
Civil rights leader Bernard LaFayette Jr. shares stories with students on Jan. 30

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Anna Beck.....	Ad Sales Manager
Pate McMichael.....	Faculty Adviser

With this issue, we want welcome all our new first-year students to campus.

Study hard, meet new friends, and go Bobcats!

The Colonnade is looking for staff writers, editors, designers, videographers, and more for the 2019-2020 school year. Contact thegcsucolonnade@gmail.com for more information.

Students flock to downtown for after-hours fun

Local businesses attract GC students for entertainment, mental challenges and local music

Katie O’Neal
A&L Editor

Improv performances at Blackbird

Improv night at Blackbird is a local tradition GC students love throughout their time at GC. After long days of studying or attending classes, students meet up with their friends at Blackbird to watch their classmates show off their improv skills while enjoying a cup of coffee, milkshake or hot tea. Our local improv troupe calls themselves the Armed Farces. The troupe is made up of some of the funniest people on campus from all majors and years. Even if you’re not apart of the troupe, you will still have an important role. Skits typically begin with wild suggestions from the audience, and the hilarity continues from there! They perform each Thursday, with shows at 7 p.m. and 9 p.m. in the Bird’s Nest Theater at Blackbird. You will laugh until you can’t laugh anymore!



The 2019 seniors of the Armed Farces strike a pose during their final improv night at Blackbird on April 25

Photos by Katie O’Neal | A&LEditor

Trivia Night at Metropolis

Trivia night at Metropolis gives you a chance to show off your knowledge on a whole range of subjects! Every Monday night, from 7:30-9 p.m., get a

group of friends together to take on the challenge. Other restaurants have trivia nights, but Metropolis is unique because GC professor Dr. Brent Evans hosts the event and writes almost all of the questions himself! At trivia night, students,

professors and Milledgeville residents compete to answer the most questions correctly. To take a break midway through, there is a physical challenge each week, such as kicking a soccer ball or doing limbo. The winner of the physical chal-

lenge gets a free pitcher of beer or a round of desserts. Another unique aspect of trivia night at Metropolis is a special question round called Zenith or Zero, where the question has multiple answers, and each answer is worth four points.

But be careful! One wrong answer and the whole team gets zero points. At the end of the night, first, second and third place teams get \$30, \$20 and \$15 in Metropolis Dollars, respectively. The night is a perfect combination of good food and friendly competition!

Mocal bands at Buffington’s

If you love music, Buffington’s is the place to go. Bands play gigs at Buffington’s all throughout the year, so in Downtown Milledgeville, music is always in the air on the weekends! Some groups are from other areas in Georgia, while others are local bands made up of GC students and alumni, such as Jerry 22 and Champagne Lane. Groups play covers of popular songs and even showcase their own songwriting talent with original songs. The gigs start at 11 p.m. and go until 2 a.m. on Friday and Saturday nights. You can dance, sing and have a great time listening to the local sound of Milledgeville.



Conner Cocks, Sami Montigny, Christian Brook, Nathan Popp and Sully Conner fully embrace their characters for the long form skit. With the entire room laughing, the Armed Farces had another successful improv night at Blackbird

Milledgeville’s most interesting taco

Georgia peaches collide with mexican spice at Bollywood Tacos



Amy Lynn McDonald | Editor-in-Chief

The Peach Country Taco is filled with unique flavors to create the most interesting taco in Milledgeville



Angie Yones | Art Director

**Morgan Simpson
Asst. A&L**

When it comes to tacos, it seems like we all know the drill: the standard chicken, beef and steak base filling accompanied by soft or hard shells. The typical toppings usually include cheese, lettuce, tomatoes and maybe a dollop of guacamole, which is always worth the extra few cents. This avid food lover is not satisfied with normal dishes available at any restaurant across the country. However, with the introduction of fusion cuisine into the food world, new dishes are redefining restaurants and food styles, as hungry people develop a taste for exciting new flavors. For tacos, flavor fusion enhanced this staple food even more, with endless combinations with all categories of other foods. Growing up my taco preferences leaned towards Tex-Mex style tacos with hard shells and ground beef. However, this

changed as soon as I tried a taco with the most unique fillings. It was life-altering. Introducing the Peach Country Taco at Bollywood Tacos in Downtown Milledgeville. For this foodie, the Peach Country Taco is by far the most unique taco in town. The ingredients contain a one of a kind combination of Southern classics within the delivery and spicy flavor expected of a Mexican dish. The Peach Country features Georgia staples: fried chicken, bacon, pimento cheese, and of course, peaches. Encapsulated by a soft-shell taco, the warm and savory pimento cheese base begins with an unexpected fiery kick. Small pieces of fried chicken are then placed on top and garnished with crispy bacon chunks and fresh peach salsa. All of these ingredients create an explosion of crunch, cheese, bacon, and fruit that ends with a spicy flavor, leaving you craving the next bite. The combination of these different flavors makes for an incredible fusion taco.



Courtesy of Brittany Matthews

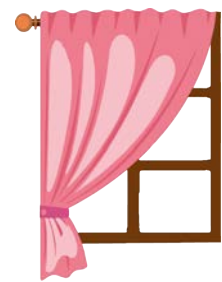
Bollywood Tacos is home to 13 varieties of tacos

Mental health with Meg

Tips to practice for mental health boosts

Meghan Lindstrom
News Editor

Open your blinds or window



Let the sun in!

A good way to de-stress (and one of my favorite ways) is to absorb some vitamin D. Opening your blinds or window while relaxing or studying can boost your energy and mood. Another option is to take a blanket out to front campus and relax in the sunshine. The plants act as a natural air purifier, making it easier for your body to breathe and relax.

Play with a pet

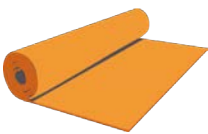


Pet a pup when life gets ruff!

It is scientifically proven that just petting furry friends can boost your mood and clear stress away.

During midterms and finals week, GC has the Alliance of Therapy Dogs bring dogs to campus to help students relieve stress, so if you don't have a pet of your own, come to campus to see the goodest boys!

Try yoga at the Wellness Center



Breathe those worries away!

Yoga is known to boost your mood and wipe stress away. The breathing techniques used in yoga calm down the body while the stretching gives your body a workout. The wellness center offers yoga classes at many different times during the week. You don't have to be good at it and the instructors are so welcoming, so don't be afraid to give it a try!

Listen to uplifting songs



Dance it out!

Listening to positive music is an instant mood booster. Jam out to your favorite songs in your room

and dance like nobody's watching. Dancing and jamming out can help you forget your worries, and it allows you to be carefree in the moment. When listening to positive songs, you may also feel more capable and empowered to get things done (my favorites are Dog Days Are Over by Florence + The Machine and You Can't Always Get What You Want by The Rolling Stones).

Journal



Let yourself vent!

When stressed, it helps to vent and get everything off your chest, so you are able to relieve stress. Dump all of your feelings and emotions onto paper. You can leave it in a journal, but I find it very therapeutic to rip it up and throw it away so I can completely rid myself of my stressful feelings.

These tips are not intended to replace the expertise of a licensed professional. If you or someone you know is struggling with their mental health, please contact the GC Counseling Services at 478-445-5331.

Cassanova Killings

When an infamous serial killer struck Milly

Lindsay Stevens
Managing Editor

Angela Covic walked in to see the psychic on a sunny San Francisco afternoon in 1974. Covic had been instrumental in getting her now fiancé out of prison, and she wanted to ensure she was making the right choice.

He had recently flown out to California to be with her. Although Covic loved him, something didn't quite sit right. A lingering doubt stayed nagging at her.

Covic was right to have these doubts, and the psychic confirmed these fears when she was warned of a new dangerous man entering her life.

Covic returned home to the man, ended the relationship and called off the wedding. The former fiancé, Paul John Knowles, was sent into a fit of rage by the news. Knowles claimed to have murdered three people that night.

Knowles flew to his home in Jacksonville, Florida where he was soon arrested again, this time for stabbing a bartender during a fight. Getting arrested didn't scare him though. Knowles had been in and out of prison since he was a child.

Knowles had begun his life of petty crime at a young age. He grew up watching westerns and craved the life of crime they depicted.

So, Knowles wasn't afraid of a little jail time, but he was ready to get out.

The air was surprisingly cool for a July evening in Jacksonville in 1974. That was the night that Knowles picked the lock on his jail cell, evaded the guards during his escape

PAUL JOHN KNOWLES TIMELINE		
JULY 26, 1974	JACKSONVILLE, FLORIDA	ALICE CURTIS
AUG. 1, 1974	JACKSONVILLE, FLORIDA	MYLETTE ANDERSON
AUG. 1, 1974	JACKSONVILLE, FLORIDA	LILLIAN ANDERSON
AUG. 2, 1974	ATLANTIC BEACH, FLORIDA	MARJORIE HOWIE
AUG. 3, 1974	WARNER ROBINS, GEORGIA	IMA JEAN SANDERS
AUG. 23, 1974	MUSELLA, GEORGIA	KATHY SUE PIERCE
SEPT. 3, 1974	LIMA, OHIO	WILLIAM BATES
SEPT. 18, 1974	ELY, NEVADA	EMMET JOHNSON
SEPT. 18, 1974	ELY, NEVADA	LOIS JOHNSON
SEPT. 21, 1974	SEGUIN, TEXAS	CHARLYNN HICKS
SEPT. 23, 1974	BIRMINGHAM, ALABAMA	ANN DAWSON
OCT. 16, 1974	MARLBOROUGH, CONNECTICUT	KAREN WINE
OCT. 16, 1974	MARLBOROUGH, CONNECTICUT	DAWN WINE
OCT. 18, 1974	WOODFORD, VIRGINIA	DORIS HOSEY
NOV. 6, 1974	MILLEDGEVILLE, GEORGIA	CARSWELL CARR
NOV. 6, 1974	MILLEDGEVILLE, GEORGIA	AMANDA CARR
NOV. 17, 1974	PULASKI, GEORGIA	CHARLES CAMPBELL
NOV. 17, 1974	PULASKI, GEORGIA	JAMES MEYER

Lindsay Stevens | Managing Editor

and began his four month murder spree across the U.S.

Knowles has been officially connected to 18 victims on this murder spree, and three of these are local to Milledgeville. An additional two local victims were never officially connected to Knowles, but fit in with his timeline.

By the time Knowles met Ima Jean Sanders in Macon, he had killed three Jacksonville natives since he had escaped just five days earlier.

Sanders was a 13-year-old girl who was hitchhiking from her father's home in Texas to live with her mother in Warner Robins, Georgia. She would never get there though. After Knowles was captured, he confessed to her murder. However, it wouldn't be connected to him until less than 10 years ago.

Sanders' bones were found in April 1976 and kept in the GBI crime lab until January 2011, when the DNA was tested against

her mother and sister's DNA. They were able to connect her to Knowles through a series of confession tapes he gave to his lawyer, that were eventually turned over to police.

Knowles' connection doesn't end at Sanders. Three months and nine more victims later, Knowles returned to the Middle Georgia area, however, this time he found himself in Milledgeville.

He met Carswell Carr on Nov. 6, 1974. He befriended Carr and was invited back to his place to spend the night. While drinking with Carr at his house, he stabbed him to death. He then went and found Carr's 15-year-old daughter, Amanda, and murdered the girl as well.

Knowles is part of a dark history in Milledgeville. According to papers, after his double murder, people started locking their doors and paying more attention to strangers in the area.

Avoid pitfalls with academics, social life and managing time & money by emailing Dr. Duffey at jeffduffeymd@gmail.com to get a free pdf of ***Finding Your Way: A guidebook of strategies for your journey through college and life.***

Take shots of safety

The best pregame before a night out

Anna Beck
Ad Sales Manager

Exploring and living in a new area calls for fun times downtown, meaning the fun times often spill over late into the night. College is a time to discover unfamiliar territory, but being on your own comes with responsibility. Whatever your college experience contains keep these late night tips in mind.

Identification: not only do you need this to get into the bars, but it's smart to take your driver's license and Bobcat Card with you in case of an emergency.

Protection: if you would feel unsafe walking home alone, you need a form of self-defense to carry with you. Pepper spray



Angie Yones | Art Director
or mace are available from numerous different places at an affordable price.

Condoms: even if you don't plan on hooking up with someone, you never know where the night will take you. It's better to be safe than sorry. Never leave your sexual health up to someone else. Even if you don't need/ use them, a friend could.

Cash: some places charge covers so you may need this anyway. Cash is handy if you need to call a cab (for yourself or a friend). If your debit or credit card isn't working, it's smart to have some extra

cash on hand to cover it.

A friend: having a pal to keep an eye on you and your drinks is never a bad idea. Even if you aren't drinking, having a friend around is always safer than being alone. Make sure you watch out for each other, and know how the other is getting home. Hatch out a game plan for any possible situations beforehand.

A ride home: Uber and Lyft now operate in Milledgeville so make sure to download the apps before you go out. There are several cab services in Milledgeville, but two of the most popular are Checker Cabs, 478-452-2221, and 441 Cab, 478-452-8294. GC also offers free rides for students late at night through SNAP, 478-445-7627, a golf cart service that runs on and near campus.

Checker Cabs, 478-452-2221
441 Cab, 478-452-8294
SNAP, 478-445-7627

Angie Yones | Art Director



Emma Lammers | Asst. Graphic Designer

Learning the the path to a clean and safe Greenway

Anna Beck
Ad Sales Manager

It’s a mild October Thursday after classes. The weather is 75 degrees and sunny--there’s something so promising and magical about the world when the weather just feels right. Finding time to run, relax in an Eno hammock or read with the trees above just might be the answer after a stressful day of classes

Head to the Oconee River Greenway to decompress, clear your head and get a dose of mother nature. Located at 420 E Greene St., the Greenway is only a four minute drive from GC’s campus. The property includes walking trails, a boat ramp, picnic areas and firepits. The trails run alongside the river in some places, and other parts of the trails wind back into the woods, making for great spots for bird watching.

Since the Greenway is one of Milledgeville’s few outdoor recreation treasures, it’s important to treat it with the utmost

respect. Here are a few tips and tricks to make the most of a time at the Oconee River Greenway:

- Familiarize yourself with the trails and surrounding areas. There’s a map located near the

boat ramp if you want to snap a photo to be safe.

- Use the buddy system. If that’s not an option, always let a friend know where you’re going and how long you’ll be there. Invest in some mace

or a small pocket knife to take along for protection.

- Remain aware of your surroundings if you are exercising with headphones.
- Be mindful of ticks, mosquitoes, ants and other stinging insects since

the Greenway is located next to the Oconee River.

- The dam upriver sounds an alarm when gates are opened to flood the river and sometimes the Greenway floods as well, so always be aware.

- Obey any posted signs marking the closure of trails due to flooding. The entirety of the Greenway can be closed if there is an imminent danger of flooding.
- Put out all fires in the firepit, and do not dump smoldering ashes from grills. Throw away all trash, or pack it away to take with you when you leave.
- Keep dogs on a leash at all times. Milledgeville and Baldwin County have leashlaws, therefore you can receive a citation for a dog being off-leash in public.
- Never let your dog hastily approach another dog or person without proper introductions. Ensure all dogs are properly introduced in the dog park to prevent harm to them and you.
- Pick up after your dog after they relieve themselves.

The Greenway is a wonderful area for outdoor recreation, exercise and so much more. Please be respectful to the space and others who enjoy it. Keep this place as beautiful and pristine as possible for generations after us to enjoy.



Courtesy of Nancy Leslie

Two GC students sit and laugh under a tree at the Oconee River Greenway in May

GC continues strong standard of political activism

Students throughout our history campaign for and support their candidates

Amy Lynn McDonald
Editor in Chief

Before Georgia College was a coed university, it was Georgia State College for Women. Even though women only gained the right to vote in 1919, our campus has a strong history of being politically informed and raising support for candidates and causes.

In fall 2018, Stacey Abrams visited Milledgeville. The rally took place downtown with both local residents and college students in attendance, cheering for Abrams as she discussed her plans for Georgia.

Students in attendance discussed why they supported Abrams, citing her platforms on education, healthcare and the economy. Though she did not win the election, it was a historical moment in the state, as Abrams was the first African American female to be a gubernatorial candidate for a major party.

Matt Krack, a junior political science major, represented GC as an intern on the communications team at Abrams’ campaign headquarters in Atlanta.

“Stacey Abrams is one of those candidates you can be proud to work for,” Krack said.*

However, this was not the first time students on our campus prioritized civic engagement and passionately supported a specific political candidate.

In 1946, Georgia stood at a deadlock in the gubernatorial election. The Democratic Party, then the dominant party in the state, had several campaigns running against each other in the democratic primary. Herman Talmadge was the favorite to win. He was the son of famous Georgia governor Eugene Talmadge and ran on a platform of continuing whites-only primary elections, among other agendas.

His rival, James Carmichael, was a progressive Democrat running on a platform of bringing Georgia up to nationwide standards of social mobility and race-relations. Women from our campus, at the time Georgia State College for Women, attended a rally in Athens for collegiate Carmichael supporters, and a GSCW student spoke on the gubernatorial platform next to her counterparts from Georgia Tech and UGA.



Caroline Duckworth | Former Managing Editor

Stacey Abrams gives a speech at her rally in Milledgeville on Oct. 15, 2018

The Carmichael campaign even had a chapter on the GSCW campus, where his policies were popular among young, educated women looking for a brighter future in the years following WWII. Though Carmichael won the popular vote for the state, he lost the election to Talmadge. However, the young women voting and campaigning for Carmichael learned the same lessons men and women on our campus today learn: how to form political opinions and how to join

larger conversations about who should be elected to represent the interests of citizens in government.**

Georgia College students remain politically active and informed through clubs and organizations.

The American Democracy Project is a nonpartisan organization aimed at growing numbers of registered voters among 18 - to 25-year-olds, which, historically, has the lowest percentage of voter turnout. During the 2018 election, ADP ran a voter registration drive in March and

helped students request their absentee ballots, if they originally registered in their home districts.

Georgia College is home to partisan groups as well. The Young Democrats are the collegiate branch of the Democratic Party on campus. In April of 2018, they held an event to introduce students to the democratic candidates running in the midterm elections.

College Republicans are a group on the other side of the political aisle. During the 2018 midterms, they hosted a phone bank event

to campaign for republican candidates throughout the state in late October, just prior to election day.

Students from all over the political spectrum have a place and a voice on our campus with a long and proud history of young people raising their voices and casting their votes for candidates they campaign for and believe in.

**Content was originally published in the Colonnade, fall 2019.*

***Content was originally published in the Colonnade, summer 1956.*

Discover GC’s hidden sports on campus



Courtesy of The Colonnade

Steven Walters prepares to take a shot at the frisbee golf course

Steven Walters
former Editor in Chief

For some at Georgia College, playing sports is a go-to recreational outlet. Some of the more popular leisure games on campus include playing Ultimate Frisbee, throwing a football around, shooting hoops or playing Spikeball. However, Georgia College also offers a variety of activities outside the conventional norms. If you’re looking for something new to try with friends, check out these sports that will spice up your sports repertoire.

Frisbee Golf
West Campus
Just across from the Intramural Fields sits GC’s Frisbee golf course. Experience 18 holes through the woods at West Campus. Pick up a set of discs for anywhere between \$10 and \$30 and get out and challenge your friends.

Racquetball
Centennial Center
One hidden gem around GC is the racquetball court located in the Centennial Center. The court is located under the covered area. Grab a friend, a racket and enjoy the fast paced game of racquetball.

BEACH VOLLEYBALL
West Campus
The beach volleyball court welcomes heavy traffic during the spring and fall intramural seasons, but the court is relatively unused in between intramural seasons. Nestled behind the John Kurtz Field at West Campus, the court offers a nice venue to hang out and play a sport that isn’t as common as Ultimate Frisbee or basketball. On weekends during the spring season, bring a chair out there and catch a baseball game between your volleyball games.

Swipe right on your bobcat card

Miya Banks
Staff Writer

Your Bobcat Card features way more than just swipes to The Max. In fact, numerous businesses accept Bobcat cards as a form of payment for meals and services. So beg the parents to put a little extra CatCash on your card and enjoy more than just the MAX. Here is a list of some of the businesses that allow you to utilize your CatCash in their stores.

- Local Restaurants**
 - Amici
 - Barberitos
 - Bollywood Tacos
 - Georgia Bob’s BBQ
 - Goodie Gallery
 - Metropolis Café
 - Shade-tree BBQ
 - The Brick
- Chain Restaurants**
 - Arby’s
 - Bojangles’
 - Buffalo Wild Wings
 - Chili’s Bar and Grill
 - Dairy Queen
 - Hibachi Express
 - Huddle House
 - IHOP
 - Jimmy John’s
 - Marco’s Pizza
 - Papa John’s Pizza
 - Sonic
 - Zaxby’s

- On-Campus Dining**
 - Books & Brew
 - Starbucks Cafe at the GC Library
 - Chick-fil-A @ Bobcat Food Court
 - Subway @ Bobcat Food Court
 - Einstein Bros. Bagels
 - The MAX Dining Hall in MSU
- Miscellaneous**
 - Glow Salon
 - CVS/Pharmacy
 - Barnes and Noble at Georgia College
 - The Gift Shop at the Old Governor’s Mansion
 - The Innovation Station
 - Harmony Hot Yoga,
 - Pilates & Aerial Center



Thunder, 18

Georgia College Mascot

GCSU '23

0 mi.

Angie Yones | Art Director

Transform your dorm room with these handy hacks

Katie O’Neal
Arts & Life Editor

Learning how to have a minimalistic mindset can be tough when moving into the dorms freshman year of college. Students have to share a room with one, two or three roommates, and a bathroom with suitemates. Space is limited, and

sharing a room with other people can be hard sometimes. Knowing a few room hacks previous students have discovered through the years just might make the transition to college life a little more bearable and save you from a horrible roommate dispute. First things first, Command Hooks. You will use them for everything! They

come in a variety of sizes and are an absolute must have at GC. According to the University Housing Handbook, “Large nails, screws, bolts, wall anchors, and double-sided tape on the walls, furniture or fixtures are prohibited.” So when I say you will use Command Hooks for everything, I mean it. They are perfect for hanging

pictures/frames and even a calendar to keep your new college life in check. In the dorm rooms, laundry rooms are shared by all the other residents, and there is not a place to hang dry your clothes. If you hang dry your clothes, hang them under your lofted bed! This hack saves a lot of space and prevents your favorite garments from

shrinking in the dryer. Mason jars are great for storage! You can place them on your desk, window sill or bathroom sink. Store pencils, pens, makeup brushes, high-lighters, charging chords, Q-Tips, Snickers or more. Push pins are another favorite of college students. According to the University Housing Handbook, “Use

of small tacks is permitted.” They are great for hanging hair straighteners, keys or a flag, and they can be used to hold a towel over the air vent if your suitemate keeps the room too cold. If you hang your pants up, use sturdier hangers to hang two pairs of pants up on one hanger. This will provide you more space in your closet.



Katie O’Neal | A&L Editor

Mason jars can save valuable space in the bathroom



Katie O’Neal | A&L Editor

Hanging clothes under your bed saves tons of space



Katie O’Neal | A&L Editor

Command hooks are versatile and come in handy

GC three for three: play, pamper, pet

Amy Lynn McDonald
Editor-in-Chief

Three places to get out:

Bartram Forest: Trails loop through an eerily pleasing pine forest just outside of Milledgeville at Bartram Forest. Students can ride their off-road bicycles on the trails, go for casual strolls, or string up a hammock between trees and read a book. For those with furry friends, this is a perfect spot to let your dog roam around and take in all those new fresh smells. It's also a perfect getaway for a study break and fresh air. Located at 2780 Irwinton Rd. Milledgeville, GA 31061.

Lockerly Arboretum: An antebellum estate turned arboretum and educational center, Lockerly is a beautiful place to go for a drive through curated woods, hike around the nature trails or enjoy a picnic. All activities on the property are free. Lockerly is located at 1534 Irwinton Rd, Milledgeville, GA 31061, and the hours of operation are Monday - Friday, 8:30 a.m. - 4:30 p.m. and Saturdays from 10 a.m. - 4 p.m., March 1 through Nov. 15.

Mac's Yaks: This is not about furry mountain creatures, yaks are for kayaks! Milledgeville is situated

along the Oconee River, and nothing feels better on a hot day than splashing your feet in the river while you paddle down the river with friends. Mac's Yaks will bring and transport kayaks for a fun day on the river or on Lake Sinclair. Depending on the length of the trip and kayak rentals, prices can range from \$20 up to \$60. Check out www.macsyaks.com for pricing and contact information.

Three places to take care of you:

Hairbar: Wanting to feel pampered? A new manicure might be the answer. Near campus, Hairbar is a hair and nail salon located downtown at 111 W. Hancock St. They provide manicures and pedicures as well as gel polish. Call (478) 457-0074 for an appointment.

Game Stop: For those looking for an exciting night in, GameStop offers a wide variety of games and gaming consoles. If you have an older gaming system, you can turn it in for store credit or cash. GameStop is located in at 2600 N. Columbia St. in the same parking lot as WalMart.

TJ Maxx: A little retail therapy never hurt anyone: purchase a new football to throw around on front campus or a face mask for a stay at home spa night, all for a discounted retail

price! TJ Maxx is located at the Milledgeville Mall off of N Columbia St.

Three places to serve:

GIVE Center: Georgia College's volunteer resource, the GIVE Center is located behind Chick-fil-A in the Maxwell Student Union and works to partner students with local organizations in need of volunteers. Student volunteers go to the GIVE Center during normal business hours and make a request for organizations in need.

ARF: ARF is the sound of a barking dog, and there are plenty of dogs at the Animal Rescue Foundation! ARF is a non-profit animal shelter for cats and dogs that does not euthanize adoptable animals. See their website at <http://animalrescuefoundation.org> for their volunteer application.

Baldwin County Animals Shelter: A part of the Baldwin County Animal Control, the shelter is where unwanted or abandoned cats and dogs are taken. Taking the animals out of their cages for extra walks can make them more adoptable in the future, and can be a good way to get off campus and benefit another creature. The shelter is located at 365 Orchard Hill Rd.



Amy Lynn McDonald | Editor-in-Chief
Gloria Smith enjoys kayaking on Oconee River with kayaks from Mac's Yaks



Courtesy of The Colonnade
Kitten ready for adoption at Baldwin County Animal Shelter



Photos by Steven Walters | Former Editor-in-Chief
The chicken and tomato pasta created by different foods in the Max



Photos by Steven Walters | Former Editor-in-Chief
The finished product of a Max hack, Monte Cristo Sandwich

Max Hacks

Continued from page 1

To begin making the Monte Cristo Sandwich acquire the following ingredients and follow the steps below.

The Grill

- French toast (2 slices)
- Eggs

Sinclair's Sandwiches

- Swiss Cheese
- Ham (2 slices)
- Turkey (2 slices)

Breakfast Nook

- Strawberry Jelly

First, acquire your cheese, ham and turkey from Sinclair's Sandwiches. Next, go to The Grill to get your French toast. Scope out a table to begin putting the sandwich together. Start with the French toast, stack the Swiss cheese on it, and then add in your pieces of ham and turkey. Add your eggs. Next, stack another piece of ham and turkey on the top and then place the last slice of your Swiss cheese. Finally, top it off with the other piece of French toast. After putting the sandwich together, head to the breakfast nook

to grab some jelly. Bring it back to your table, spread the jelly on top and enjoy!

Chicken & Tomato Pasta

If you want a fresh pasta mix that is good on any occasion, the chicken, tomato and oregano pasta is the perfect go to. Start a party in your mouth with this tomato and oregano duo. The oregano brings out the flavors of the tomatoes and chicken. It is fresh, light and delicious. What more do you want?

The Grill or Sinclair's

- Chicken

Sinclair's Sandwiches

- Grape tomatoes
- Seasoning
- Oregano

Milla D'Villa

- Pasta

Make your home at a table before gathering ingredients. First, stop by Milla D'Villa to pick up as much pasta as your heart desires. Then head to the salad line to get your grape tomatoes, oregano and any other seasonings you may like. Bring the plate back to your table before heading over to The Grill. If The Grill has grilled chicken, pick some up and bring it

back to your table to cut it up yourself. If The Grill does not have chicken, ask for chicken in the Sinclair's Sandwiches and then heat it up in the microwave located in the Breakfast Nook.

Once you have your ingredients, mix them in one bowl and enjoy!

The Patty Melt

Do you like the items at the grill but want a new taste? Combine two of the staple items at The Grill to create a diner classic.

The Grill

- Burger patty
- Grilled Cheese
- Onions

Take a burger from the grill and a grilled cheese. Put onions on your plate. First, take apart the grilled cheese slices and place the patty on the grilled cheese sandwich. From there, add onions and enjoy!

Dessert Combinations

The MAX hacks do not just stop at breakfast through dinner foods. There are plenty of different combinations to spice up dessert as well.

- Brownie and Cookie Ice Cream
- Coffee Ice Cream
- Coke Float



JOIN US

FOR COLONNADE PITCH MEETINGS

**WHEN: THURSDAYS
6:30 - 7 P.M.
WHERE: MSU 128**

**EMAIL THEGCSUCOLONNADE@GMAIL.COM
FOR MORE INFORMATION**

